

SHARON COOK

sharoncookauthor.co.uk

Sharon Cook is the best-selling author of 'Sewing Sequins on My Straight Jacket', a memoir about 'how to get your nine-year old through cancer, and still be able to laugh ...'

A former news journalist who writes historical and contemporary novels alongside memoir, Sharon skidded to a halt in Devon some years ago, with two young children in tow, who have since morphed into young adults.

They've had quite a few adventures, some more fulfilling than others, but have always been able to return to their seventeenth century stone cottage.

Writing achievements include 'Yellow Jug', a memoir piece selected for the first Exeter-City-of-Literature Quay Words anthology, three long-listed novels, anthology and short story editor plus various appearances at literary events across the South West – including BBC Spotlight - as guest, host and performance poet.

Collecting vintage, running creative workshops and avoiding housework keep Sharon out of trouble – mostly. One day Sharon plans to write full time. Until then she works for a blue light charity, where inspiring people and stories are never far away.